AUTUMN AT THE BLACK HORSE

We serve the good stuff: grass-fed, dry-aged British steak & Cornish lamb from award-winning butchers, Aubrey Allen; free-range English pork, chicken, eggs & ice-cream; fish chosen for its quality & sustainability; & as much British fruit & veg in season as we can find. Our kitchens are stuffed with real chefs cooking honest food from scratch every day.

DELI

£14.50

Warm Mini-loaf & Roasted Garlic Butter £2.75

CHEESE BOARD £13.50 Channel Island Brie, Quickes Vintage Cheddar, Ogle Shield, Driftwood, Organic Cropwell Bishop Stilton, Fig & Almond Wheel,

Quince Jelly & Toast Biscuits

CHARCUTERIE BOARD

Rare Roast Beef, Ibérico Chorizo & Tomato Stew, Great Glen Venison Salami, Free-range Pork & Ham Terrine,

Celeriac Remoulade, Pickles & Warm Mini Loaf

FAVOURITES BOARD £13.50

Flat Mushrooms, Brie & Spinach, Ibérico Chorizo & Tomato Stew,

Rare Roast Beef, Smoked Mackerel Fillet, Tomato Chutney & Warm Pitta Bread

FISH BOARD £14.50 Smoked Mackerel Fillet, Fish Goujons & Lemon Mayo, Taramasalata, Warm Haddock Smokey, Beetroot Relish & Warm Pitta Bread

VEGGIE BOARD £12.75

Flat Mushrooms, Brie & Spinach, Veggie Scotch Egg, Chive Sour Cream, Crudités, Beetroot Relish, Tomato Chutney, Baby Leaves & Warm Pitta Bread

ALL DAY

12piii - opiii	
Soup of the Day - See Blackboard	£5.50
Herb Pancakes, Squash & Sage Stuffing, Goats' Cheese Sauce with or without Free-range Chicken	£12.75
Coarse-ground Bavette Steak Burger, Cheddar Cheese, Burger Sauce, Coleslaw, Chips & Onion Rings Add Mushroom or Bacon	£12.50
Salmon & Smoked Pollack Fishcake,	£1.00
Wilted Spinach & Lemon Butter Sauce	£11.75
Warm Superfood Salad of Smoked Mackerel, Salt Baked Beetroot, Lentils & Baby Spinach,	04.0.77
Beetroot & Thyme Dressing	£13.75

All our Sandwiches come with a choice of Chips or Soup

Aubrey's Steak Ciabatta, Fried Onions & Mustard Mayo	£9.75
Warm Fish Goujons, Lettuce & Lemon Mayo Roll	£7.75
Quickes Vintage Cheddar, Beetroot Relish	
& Watercress on Granary	£7.00

Children are heartily welcome and we are happy to make them small or simplified versions of our dishes. If your child would like a small portion at half price, please ask one of our team.

A Service Charge of 10% is added to parties of 6 or more.

All tips received go to the team. Our kitchen contains nuts.

Please let us know if you suffer from food allergies.

THE BLACK HORSE

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- Have you tried our sister pubs?



THE EMBANKMENT

embankmentbedford.co.uk

LUNCH

STARTERS

Ibérico Serrano Ham, Fig & Goats' Curd Salad, Truffle Honey	£5.75
Free-range Pork & Ham Terrine,	
Spiced Apricot Chutney, Toasted Rye Bread	£6.75
Gravadlax, Pickled Cucumber & Golden Beetroot	£7.25
Wild Mushroom Fricassée on Toast, Truffle Crème Fraîche	£6.50
Roast Wood Pigeon, Celery & Apple Salad, Hazelnut Dressing	£8.25

EITHER/OR		
	STARTER	MAIN
Herb Pancakes, Squash & Sage Stuffing, Goats' Cheese Sauce with or without Free-range Chicken	e £7.25	£12.75
Sweet Potato Gnocchi, Artichoke Pureé & Roasted Red Chicory	£7.25	£13.25
Autumn Salad of Clonakilty Black Pudding, Bacon Lardons & Croutons, Poached Free-range Egg & Caramelised Apple Dressing	£8.50	£16.75
Warm Superfood Salad of Smoked Mackerel, Salt Baked Beetroot, Lentils & Baby Spinach, Beetroot & Thyme Dressing	£7.25	£13.75
This includes a discretionary 25p contribution to The Peach Found	ation, which s	

education and promotion of healthy eating, sports and conservation in Africa.

MAINS

Woburn Venison & Guinness Pie, Parsley Mash & Gravy	£13.50
Free-range Chicken Breast, Wild Mushroom & Pearl Barley Risotto, Tarragon Pesto	£15.25
Red Pepper, Tomato & Chickpea Tagine, Apricot Couscous & Mint Yoghurt	£12.75
Pan-fried Cod, Dauphinoise Potatoes & Buttered Black Cabbage	£15.75
Tidenham Farm Duck Breast & Duck Shepherds Pie, Baby Carrots, Port & Juniper Reduction	£19.50
Pan-fried Skate Wing, Ibérico Chorizo & Palourde Clams	£16.75
Free-range 10oz Pork Sirloin, Roasted Celeriac & Apple, Sage & Onion Gravy	£16.50
Salmon & Smoked Pollack Fishcake, Wilted Spinach & Lemon Butter Sauce	£11.75



STEAKS

Award-winning butcher Aubrey Allen supplies our steak, selected from the best British grass-fed beef herds, dry-aged for superb flavour and tenderness.

All Served with Watercress, Chips & a choice of either Peppercorn Sauce or Horseradish Crème Fraîche

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28 Day Dry-aged 8oz Rump Steak	£19.50
28 Day Dry-aged 10oz Rib Eye Steak	£25.00
28 Day Dry-aged 120z Sirloin on the Bone	£27.00
Add a Grill Garnish, Roast Field Mushrooms,	
Garlic & Thyme Plum Tomatoes & Beer Battered Onion Rings	£3.00
SIDES	

Chips	£3.25
Garden Salad, Beetroot & Thyme Dressing	£3.25
Dauphinoise Potatoes	£3.75
Savoy Cabbage, Bacon & Hazelnuts	£3.50
Maple & Thyme-roasted Carrots & Parsnips	£3.75